

taking a collection for his family for our Lenten offering, please be generous.

Donations for Great Lent

Paschal Candle \$275, please remember to bring in 100% olive oil for our oil lamps, , daffodils for third Sunday of Lent \$125, palms for Palm Sunday services \$125. We need the icon of the Bridegroom decorated for Palm Sunday evening \$50, and flowers for the kouvouklion of Holy Friday \$1,000.

Church School During Great Lent

On the following Sunday's, the Church School children will remain in the church:

- Sunday of the Veneration of the Holy Cross, March 11
- Palm Sunday, April 1
- Pascha, April 8

Goya Lenten Retreat (Grades 6-12)

Parishes participating are the Assumption Cathedral, St. Catherine, Sts. Peter and Paul, St. Spyridon, Sts. Constantine and Helen & Holy Apostles. Clergy presenting: Fr. Theodore Dorrance, Fr. Jordan Brown, Fr. Dimitrios Kyritsis, Fr. Christopher Xanthos. **Snow Mountain Ranch Granby, CO, March 16-18.** Snow tubing, ice skating, swimming, and other activities \$75 All inclusive. Space is limited, so sign up soon! Deadline March 9 @ noon For further info contact: Alex Demos 303.921.5690, Zephie Critikos 303 919.4783, Aspasia Kyriazi 303.908.0507

During Great Lent

Fasting: Orthodox Christians are called to abstain from all meat—(yes, *chicken is meat!*)—dairy products i.e. eggs, milk, etc., fish, wine and olive oil during Great Lent, which begins on February 23, Clean Monday (Καθαρά Δευτέρα). To strengthen ourselves, the Church asks us to increase our prayer life (attending the Lenten Services), flee from sinful behavior, and to give alms. Let us together keep the fast as strictly as possible, increase our daily prayers, approach the Mystery of Holy Confession and forgive one another any offenses that have caused division or anger. If we are unsure about fasting or confession please see Fr. Dennis. May God bless us; grant us strength and faith to complete the course of the fast.

Liturgy of St. Basil the Great: During the Great Lenten period we use the Liturgy of St. Basil the Great every Sunday and on Holy Thursday and Holy Saturday mornings.

Services: We are called to abstain from certain foods during the Great Fast as we are to abstain from sin. This cannot be achieved without an increased prayer life. The Church in Her wisdom has not only called for us to fast, but gives us more services that will aid us in our Lenten journey. The Great Compline will be offered every Monday evening, the Presanctified Liturgy every Wednesday evening and the Salutations to our Theotokos every Friday evening.

Coffee Hour/Dinners During Lent: When bringing treats for the coffee hour during the Great Lenten Fast, please remember we must maintain the fasting practices of the Orthodox Church. While each may not be able to keep the fast as strictly as prescribed, let us nonetheless, keep it when we gather as community and people of God.

Archangel Michael Greek Orthodox Church Bulletin

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Parish website: www.amgoc.org
FaceBook: <https://www.facebook.com/amgoc.co>

March 4, 2018

Sunday Holy Scripture Reading

Apostolic Reading: Hebrews 1:10-2:3

Gospel: St. Mark 2:1-12

Services: *Sunday*-9 a.m. Orthros and 10 a.m. Divine Liturgy, *Weekdays* 8 a.m. Orthros and 9 a.m. Divine Liturgy when scheduled.

Saints of the Day: Sunday of Saint Gregory Palamas. Ven. Gerassimos of the Jordan; Gregory, bishop of Constantios in Cyprus; Martyrs Paul and Juliana of Syria; Daniel, prince of Moscow, the wonder-worker.

Hymns of the Day

Apolytikion of the Resurrection Tone 6

When the angelic powers appeared at Your tomb and those who guarded You became as though dead, and standing by Your sepulcher was Mary seeking Your pure and sacred body; for You did vanquish Hades and uncorrupted by its touch You came unto the virgin woman, bestowing the gift of life, O You who rose from the dead, Lord we give glory to You. *Page 86 in the green book.*

Apolytikion: St. Gregory Tone 8

Light of Orthodoxy, pillar and teacher of the Church, adornment of monastics, invincible champion of theologians, O Gregory you wonder-worker, boast of Thessalonica, herald of grace: ever pray that our souls be saved.

Apolytikion of the Archangels Tone 4

Supreme Commanders of the Hosts of the Heavens, we, the unworthy, implore and beseech You that by Your supplications You encircle us in the shelter of the wings of Your immaterial glory, guarding us who now fall down and cry to You with fervor: Deliver us from dangers of all kinds, as the great marshals of the heavenly hosts on high.

Kontakion Hymn to the Theotokos

To You, the Champion Commander, I, Your City, inscribe victorious anthems of thanksgiving, For deliverance from sufferings, Theotokos. In as much as you have power unassailable, from all manner of dangers set me free; that I may cry out to you, Rejoice Bride unwedded.

Τῇ ὑπερμάχῳ Στρατηγῷ τὰ νικητήρια, ὡς λυτρωθεῖσα τῶν δεινῶν εὐχαριστήρια, ἀναγράφῃ σοι ἡ Πόλις σου Θεοτόκε. Ἄλλ' ὡς ἔχουσα τὸ κράτος ἀπροσμάχητον, ἐκ παντοίων με κινδύνων ἐλευθερώσον, ἵνα κράζῃ σοι· Χαῖρε, Νύμφη ἀνυμφευτε. (*Page 98 in the green book.*)

Instead of “It is truly right...Axion Etin”

In you rejoices all creation, O you who art full of grace, the hierarchy of the angels, and all mankind, O consecrated temple and paradise endowed with speech, glory of virginity, of whom god, who is our god before the ages, was incarnate and became a little child.

Επὶ σοί χαίρει, Κεχαριτωμένη, πάσα κτίσις. Αγγέλων τό σύστημα καὶ ἀνθρώπων τό γένος, ηγιασμένε ναέ καί παράδεις λογικέ, παρθενικόν καύχημα, ἐξ ἧς Θεός ἐσαρκώθη καί παιδίον γέγονεν, ὁ πρό αἰώνων ὑπάρχων Θεός ἡμῶν, τήν γάρ σὴν μήτραν θρόνον ἐποίησε, καί τήν σὴν γαστέρα πλατυτέραν οὐρανῶν ἀπειργάσατο. Επὶ σοί χαίρει, Κεχαριτωμένη, πάσα ἡ κτίσις δόξα σοι.

Divine Services

Mon. March 5: Great Compline 6pm

Tues. March 6: Lenten Hours 8am

Wed., March 7: 9th Hour 5:30 pm and Presanctified Liturgy 6 p.m. *Those preparing to receive Holy Communion are to fast strictly from the noonday meal or sooner from all food and drink (12:00 p.m. for lunch and should eat very light Lenten meal).*

Thurs., March 8: Lenten Hours 8am

Fri., March 9: 9th Hour 8:30 am and Presanctified Liturgy 9 am for the 40 Holy Martyrs. Salutations III to the Theotokos at 6p.m.

Sat. March 10: Great Vespers 6pm

Lenten Mission Vespers Schedule

TONIGHT: Lenten Mission Vespers at St. Michael in Pueblo, Lenten meal to follow. Archangel Michael: Colorado Springs, March 11, St. Mary's: Calhan, March 18 and St. John the Baptist in Pueblo, March 25.

Holy Communion in the Orthodox Church

Holy Communion of the Orthodox Church is the Holy Body and Blood of our Lord Jesus Christ. It is “*With the fear of God, faith and love*” that we approach the Divine Mysteries. Therefore, Holy Communion is reserved only for those baptized and chrismated Orthodox Christians who have prepared themselves by prayer and fasting, as prescribed by the teachings of the Holy Orthodox Church. We ask that women, before approaching to receive from the Holy Cup, in respect of our Lord, to please remove lipstick.

Stewardship 2018

Stewardship Sunday for 2018 was held on **December 3**. Please see Ruxandra Georgescu for your packet.

Coffee Hour Signup

Please sponsor a coffee hour. Donations are welcome to help provide treats following services. **March 4:** Val Petrov (Great Lent) **March 11:** Leonard Family (Great Lent) **March 18:** Rainford Family (Great Lent); **March 25:** Jake Topakas and others (Great Lent, fish permitted). **April 1:** Palm Sunday Luncheon (volunteers needed).

Memorial Service

This morning we remember in our prayers the departed servant of God +Petar Petrov on the 13th year anniversary of his repose. He is the brother of Val Petrov. *Everlasting be his memory!*

We also remember in our prayer the departed servant of God +Fr. Theodore Martynenko on the 22nd year anniversary of his repose. He is the father of Olga Sonneburg. *Everlasting be his memory!*

Christians Around the World

Please remember to keep Christians around the world in your prayers. Many are being persecuted and even killed for their faith in Jesus Christ. Remember also the two kidnapped Orthodox bishops from Syria.

Bookstore/Library

We are looking for volunteers to run the bookstore and library. We are grateful for the good work of Barbara Lontas. Please see Fr. Dennis.

Greek Dance Lessons/Group

We welcome your children, ages 4 to 21, to join our parish Greek dance group. Practices take place every two weeks. The goal is to have a group dancing for our Annual Greek Festival. Any interested adults with knowledge of Greek dances are welcome to help teach. Contact Constadina Vasiliades at: 808-373-0312 or constadina@shaw.ca if interested or for questions. Next dance practice will be after church on March 4th.

Capital Campaign

Amazon Smile: You may support Archangel Michael GOC through Amazon Smile. Please make sure you sign in at: <https://smile.amazon.com/> **King Soopers Cards:** Please pick up your King Soopers card as 5% of every purchase is sent back to AMGOC.

Food for the Soul During Great Lent

We have a wonderful booklet available (26 pages), *A Worshiper's Guide to the Divine Liturgy*, by Fr. Steven Tsichlis.

Holy Week Books

If you are interested in purchasing parallel Greek/English books for \$25, please see Lynne Meister.

Collection for Fallen Deputy Sheriff †Micah Flick

We heard of the tragic shooting and death of Det. Micah Flick. Our parish is