

Activity



Volume One Be

Tse

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Books

Activity

Volume One

Be

Volume One, *Be*, of the book Activity is a series of 91 apothegms, moral I suppose you might say in general though some might fall under other categories. Not being big on categories myself, I leave those headings to more discerning minds than mine. As you will see, the structure is prose broken down into the exclamation points of lines after each of which a breath is to be taken (though that's at the reader's discretion, of course). *Be* is composed of two distinct books, *The Creation* and *The Fall*. Don't ask me how the titles contain all that is within each but they were a gift as much as any passage and who am I to refuse? Selections are as follows:

from The Creation

26

Loving spirits
are bound in a warm union
cemented with a trust in each other
and a faith in the universe.
Indifferent as it may seem to be in our lives,
we must keep alive that faith.
It is, after all,
The Ultimate Thing,
and we (insignificant as we seem to be)
are still a part of it.
Just as important

as it is to our lives,
we are to Its Life.

48

Contentment
is to live within your limits
without being less
than your destiny demands.

63

What is there?
There is pain
and heartache
and there is truth
and goodness.
There is the thought of Being
and the attainment
of the Mountaintop.
Once there,
you realize it was a plain all along.

81

Simplicity is sought,
for all seems too complicated to grasp.
There is more than can be satisfied,
but satisfaction
comes only with stillness
and stillness
comes only with understanding
and understanding
comes only by the Grace of God
and God
comes solely from the not understanding.

from The Fall

24

You will long for someone to love.
Whenever you stop going,
whenever you rest
and allow your feelings to flow,
the loneliness
will weigh upon you.
You will feel barren
and you will need to share
and you will find out most vividly
how weak your knowledge
and your power are.
They will be of no avail
and you will be wedged
in the abyss of your own self
and no matter how you struggle
you will not be able to loosen its grip
and you will helplessly scream
and you will know
even if God should hear you,
it is simply not enough.

25

You must make monumental decisions.
Your mind must become set.
You must feel
and think
and firmly desire.
You must interact
and gaze into the mirror of your soul.
You must wish you understood
and feel alone in your confusion.
You must allow it to torment you.
You must need to love
with all of your heart and soul.

You must give of your self
or you will not be complete.

Anything else
is a life of emptiness
and there is no existence
in living alone.

It is quiet desperation
and it must lead to a desperate act.
It must weigh upon your mind
until there is no relief.
God help you.

26

Know not what to expect,
but deep down,
admit the truth.

Do not lie to yourself.
It is necessary you know.
Allow your imagination to create
an insatiable yearning to break free,
and stifle not
the sensation of energy
that will rise within you,
that will tighten and burn.
Accept no longer the charade,
but make fast
your mind and heart
to withstand their limit.

Be
or die.
It is your destiny.